

About the VWHC & Lu's: A Pharmacy for Women

Lu's pharmacy is a pharmacy only for women. It is located in Vancouver at 29 West Hastings Street. The people there can help you with your medication and your health care.

The Vancouver Women's Health Collective (VWHC) offers the following services at 29 West Hastings Street: Lu's pharmacy, a Women's Health Resource Centre, and a Women's Health Clinic. Nurse Practitioners offer health care to women three days per week at the clinic. Many volunteers work at the resource centre. The volunteers can help you find health information. They can help you find a doctor and other health care workers. The resource centre also has a library with books, newspapers, and magazines about health. You can visit the library to find health information.

About Lu

Lu's pharmacy is named after Lucette Hansen. Lucette volunteered for a long time in the Women's Health Resource Centre. She wanted to help women. The Vancouver



Lucette Hansen

Women's Health Collective is proud of Lucette's volunteer work. That's why they chose her name for the pharmacy.

About the VWHC's History

People got the idea to start Lu's pharmacy back in 2006. VWHC Executive Director, Caryn Duncan, got help from other groups in the community. Professional women in Vancouver also helped plan and develop Lu's Pharmacy.

VWHC has been working for women's health for over 35 years. VWHC believes in the saying, "women helping women help themselves." In the past, women could go to VWHC for health exams, tests and counseling. They could get birth control there. VWHC also provided phone help lines and workshops in school and community centers.

Lu's Pharmacy has a vision: to provide safe, respectful health care services for all women, including women in the downtown eastside. At Lu's Pharmacy, pharmacists, nurse practitioners, volunteers, and community members work together as a team. For more information, please see the VWHC's web site: www.womenshealthcollective.ca

This material was written for the Douglas College I-CARE adult literacy tutoring program. You are free to use it with acknowledgement.